

# Maternity Disability Leave Guidelines – CA Employees

*Effective January 1, 2026*

***Congratulations on your soon to be new family member! Pregnancy disability leave is the most common type of leave and specific benefits do apply, that's why we've developed the following guide to help set your expectations as to what will happen during a "typical" maternity leave process and the timing involved. Your leave will be unique to you, but this guide will provide information that applies to most maternity leaves of absence.***

## **Which employees are eligible?**

- All full-time employees working continuously with Premier Talent Partners.
- Employees are encouraged to apply for CA State Disability Benefits to replace your income.

## **When Your Leave Begins**

Your leave will begin when it has been approved by HR or when your physician certifies that you are unable to work due to your pregnancy. Please report your need for a leave a minimum of 30 days before your expected Due Date. It is common to begin pregnancy leave up to 2 weeks prior to delivery (and sometimes 4 weeks); however, some employees do work until the actual due date.

Contact Laura with Newfront Insurance (Laura.vandenbosch@newfront.com) and Premier at [people@premiertalentpartners.com](mailto:people@premiertalentpartners.com) prior with a doctor's certification.

You will normally be considered disabled for six weeks after the birth of your baby, regardless of the time you were out prior to delivery, and in some cases longer with certification from a doctor. You will receive disability benefits as shown below only while you are considered disabled.

For information on how to contact CA EDD to initiate the process with CA SDI, please visit: [http://www.edd.ca.gov/Disability/Options\\_to\\_File\\_for\\_DI\\_Benefits.htm](http://www.edd.ca.gov/Disability/Options_to_File_for_DI_Benefits.htm)

## **Specifics for Pregnancy Leave**

After you are no longer considered disabled, your disability benefit payments will stop. At that point, you may receive additional paid time off, if you decide to take Bonding Leave with your child.

Please contact [people@premiertalentpartners.com](mailto:people@premiertalentpartners.com) to confirm if you would qualify for this additional benefit.

## **Healthcare Benefits While On Leave**

Your benefits will remain unchanged for up to 4 months and the normal employee portion of the benefits cost will apply. If your total leave time is more than 4 months, your benefits will be terminated and you will be offered COBRA. If you are currently enrolled in Premier benefits, you will be required to pre-pay your premium contribution for the time of your leave prior to last day worked.

If you want to add your new child to Premier Talent Partners benefits (medical / dental / vision / life) or make other changes to your benefits, please log-in to **UKG within 30 days of your baby's birth.**

Don't forget to take advantage of your UHC Employer Assistance Program (EAP) benefits.

Call UHC EAP: [1-866-302-4480](tel:1-866-302-4480) or [liveandworkwell.com](http://liveandworkwell.com); access code **LIFEBENSVS**

## **How You're Paid While On a Maternity Leave**

### **CALENDAR DAYS 1-7**

Disability Qualification Period: This is the unpaid waiting period before the benefit kicks in.

### **STARTING DAY 8**

You will begin receiving disability income up to 70% of your weekly earnings from CA SDI.



### How You're Paid While on Maternity Leave

You must apply for California disability first. It is your responsibility to apply with the state of California. The max payment one can receive from CA SDI is \$1,765.00 per week.

**Example:** If you live in California and have a pre-disability income of \$120,000 annually, your weekly benefit would be \$1,615 (70%) from the State.

Source	Benefit Amount
State of California	\$1,615 per week
Total Weekly Benefit	\$1,615 per week

**Applying for state disability is your responsibility and is a three-step process for you:**

1. Download the application at the link below or call the state (refer to the absence management FAQ document) or your doctor may provide for you. [http://www.edd.ca.gov/Disability/How\\_to\\_File\\_a\\_DI\\_Claim\\_in\\_SDI\\_Online.htm](http://www.edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm)
2. Complete your portion of the disability application and submit.
3. Have your physician complete the physician's statement and submit.

**Benefits that you receive from the State will not be taxed.**

### EXAMPLE OF PAYMENT WHILE ON PREGNANCY LEAVE: Mother Disabled 2 Weeks Prior to Due Date

Time Period (Calendar Weeks)		Compensation
During the last 2 weeks of pregnancy		
Week 1 (Calendar Days 1-7)	Disability Waiting Period Starts	You have the right to access any unused accrued sick time (if eligible) or go without income.
Week 2	Maternity Leave / Disability Leave	Disability Benefits: 70% up to \$1,765/week
If you are enrolled in Premier benefits when your baby is born, your newborn is covered under the mother's medical plan for 30 days.		
Weeks 3-8	Maternity Leave / Disability Leave benefits continue	Approximately 70% weekly earnings from CA SDI.
Weeks 9+	Baby Bonding Leave	Contact <a href="mailto:people@premiertalentpartners.com">people@premiertalentpartners.com</a> to confirm eligibility.

**CA PDL: Pregnancy Disability Leave law in California.** This law applies to all California employees and will protect the employee's job for up to four months. This law provides only job protection, and not income replacement. For more information on CA PDL, please visit <https://www.dfeh.ca.gov/resources/frequently-asked-questions/employment-faqs/pregnancy-disability-leave-faqs/>

**FMLA: Family and Medical Leave Act** is a federal law that provides job protection for up to 12 weeks. This Federal law is also only job protection, and not income replacement. Premier is in compliance with FMLA. For more information on FMLA, please visit <https://www.dol.gov/general/topic/benefits-leave/fmla>

**CFRA: California Family Rights Act** is a California law that provides job protection for up to 12 weeks. This law is only job protection and must run concurrently with the FMLA law. Premier is in compliance with CFRA, for more information please visit [https://www.edd.ca.gov/disability/fag\\_pfl\\_and\\_fmla\\_and\\_cfra.htm](https://www.edd.ca.gov/disability/fag_pfl_and_fmla_and_cfra.htm)

